



1ST SATURDAY DEVOTION NEWSLETTER

JUNE 2022

HOW THE HOLY SPIRIT TEACHES YOU

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THE EDITORS OF THE SPIRITUAL ARMY OF GOD THE FATHER'S 1ST SATURDAY NEWSLETTER ARE RESPONSIBLE FOR MAINTAINING THE CONSISTENT QUALITY AND ACCURACY OF THE SPIRITUAL ARMY OF GOD THE FATHER'S 1ST SATURDAY NEWSLETTER AND AS SUCH RESERVE THE RIGHT TO REJECT OR EDIT THE CONTENT OF ALL SUBMISSIONS FOR PUBLICATION. EDITING MAY INCLUDE, BUT IS NOT LIMITED TO, CHANGES TO GRAMMAR, SYNTAX AND STYLES, REMOVAL OF OFFENSIVE CONTENT AND REMOVAL OF PERSONAL NON-PUBLIC INFORMATION. SUBMISSION OF YOUR ARTICLE SIGNIFIES YOUR AGREEMENT TO THE TERMS AFOREMENTIONED.

When I started this blog five years ago, I discovered a newfound joy in studying scripture. When I write a post, I do my best to make sure I'm interpreting scripture with accuracy.

Since I'm not a Ph.D. and don't have a Master's or theology degree, sometimes I second guess the value of my words. But when I disqualify myself, I underestimate the power God gives me to understand the Bible.

One of the six ways the Holy Spirit reveals Himself is to help teach us the truth about God and help us understand scripture.

How the Holy Spirit Teaches and Illumines: The word illumines means to enlighten.

The Holy Spirit lights up the truth of God so you understand Him with your mind and heart.

"But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come" (John 16:13).

The Holy Spirit guides us into truth in many ways. He may bring people into your life to help you understand. God may use a pastor, friend, song, or the Bible.

God wants us to discern the Holy Spirit's guidance in our lives. Sometimes when the Holy Spirit gets my attention, I doubt His voice. I love it when the Lord encourages me or confirms His will through another believer. While it's affirming to receive affirmation from others, God wants me to trust his voice without depending on others for confirmation.

God will use other people to help teach and guide us, but we can't let other people take the place of the Holy Spirit's role.

I learned this lesson when I attended a writing conference a few years back. I prayed for the Lord to speak His will for my writing during the meetings I had with agents and editors. But they all had different feedback. I learned I needed to listen and obey what the Holy Spirit was leading me to do. When I did that, I realized God wasn't asking me to use all of the advice from one person. God used each person's suggestions to help guide my thinking towards the direction He wanted it to go.



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FEASTS FOR JUNE

The feasts on the General Roman Calendar celebrated during the month of June are:

- | | |
|---|--|
| 1 Justin, Memorial | 25 Immaculate Heart of Mary, Memorial |
| 2 Marcellinus and Peter, Opt. Mem. | 26 Thirteenth Sunday in Ordinary Time, Sunday |
| 3 Charles Lwanga & Companions, Memorial | 27 Cyril of Alexandria, Opt. Mem. |
| 5 Pentecost, Solemnity | 28 Irenaeus, Memorial |
| 6 Blessed Virgin Mary, Mother of the Church, Memorial | 29 Solemnity of Saints Peter and Paul, Solemnity |
| 9 Ephrem, Opt. Mem. | 30 First Martyrs of the Holy Roman Church, Opt. Mem. |
| 11 Barnabas, Memorial | |
| 12 Trinity Sunday, Solemnity | |
| 13 Anthony of Padua, Memorial | |
| 19 Solemnity of Corpus Christi, Solemnity | |
| 21 Aloysius Gonzaga, Memorial | |
| 22 Paulinus of Nola; John Fisher & Thomas More, Opt. Mem. | |
| 23 Solemnity of the Nativity of St. John the Baptist, Solemnity | |
| 24 Solemnity of the Sacred Heart of Jesus, Solemnity | |
- The feasts of St. Boniface (June 5), St. Romuald (June 19) and St. Josemaria Escriva (June 26) are superseded by the Sunday liturgy. The Solemnity of the Nativity of St. John the Baptist (June 24) has been transferred this year to June 23 because of the Solemnity of the Sacred Heart. However, where Saint John the Baptist is the patron of a nation, diocese, city, or religious community, the Solemnity of the Nativity of Saint John the Baptist is instead celebrated on Friday, June 24, and the Solemnity of the Most Sacred Heart of Jesus is transferred to Thursday, June 23. □

THANK YOU

... a small and simple phrase that comes from a grateful heart!

Psalm 106:2

"Ask and you will receive." I asked and a medical procedure turned out to be free from malignancy. It is a great relief to say that my Merciful God has listened and responded to my prayers, as well as the prayers of my family and friends. Thank you, Lord, for keeping me safe and healthy.

Robert Pua

OUR CENACLE CORNER

Seeking a deeper relationship with God
through meditation of passages from Holy Scriptures

ANGER AND ITS BOUNDARIES

GOD TOUCHED ME

*Publish his glorious deeds among the nations.
Tell everyone about the amazing things he does. — 1 Chronicles 16:24*

PRAISE GOD FROM WHOM ALL BLESSINGS FLOW

*"I will give to the Lord the thanks due to his righteousness,
and I will sing praise to the name of the Lord, the Most High." (Psalm 7:17)*

April 14, 2022

Dear Anonymous Donor,

Thank you for being an angel to our family. As we are preparing for Ellie's First Communion, approaching the end of the school year, and now in the midst of Holy Week, it leads me to reflect as I often have been throughout the days what a blessing this year has been, for Ellie, for our family, for me personally; that the year we've had would not have been possible, as good as it has been, in this way, without you.

I wish only words could be enough to describe what a momentous gift you gave us, what a direct answer to a prayer your generosity was. I would also like to express that while the gift of your contribution to Ellie's education at CCS (Cathedral Chapel School), a school so beloved, so excellent, and so close to my heart, remains unmatched and immeasurable – the precious gift that you also gave to us surpassed even hope: it was the undeniable knowledge, the experience of God making His loving Presence known through your unasked, selfless kindness. We are truly amazed and humbled at God's providential goodness, that it was your giving heart and open hand, showing our little family how incredibly loved we are by God and our community of faith right here on earth, that Christ really is alive and with us.

I hope it's all right to share on a more personal note with you how precisely and miraculously your gift blessed us. For our family, the prior year, unfortunately like for so many families, was marked by particular heartache, grief, and uncertainty: the loss of job, critical illness, the unrest of the world made its way into our household. For most of the year, my husband Tyler and I were separated without much hope of reconciling, and Ellie spent first grade away from us, living with Tyler's parents and going to school in Massachusetts, not knowing for many months if we would at all be together as a family again. We all did not know.

By the grace of God, our family was made whole again in the summer, and we reached out to Ms. Kipp to see if Ellie could come back to CCS. She knew our family's situation and though we were well past the deadline for financial aid from the Archdiocese, she reached out, guided us, and advocated for us. She has always been a great friend to our family and takes such good care of our school community.

However, with only weeks before the school year was to begin, Tyler and I were looking at the numbers and really could not see how we would be able to afford CCS even with the partial scholarship from the Archdiocese. We believed that Ellie needed a place that felt like home, where she could thrive, that CCS was the school for her and our family, always has been and always will be.

In that moment, Tyler and I came together in prayer, in trust, trusting and turning the entire situation over to the good Lord, knowing that He wished for our family to heal and to stay together, accepting that if it was not meant for Ellie to attend CCS this year He would continue to carry us through, and if it was, He would give us a way. The next day, my aunt Nancy Sheehan informed me of your anonymous donation, the amount reflected in our school account, as well as a monthly payment that was now within reach and manageable for us. My heart swelled, my body shivered, and tears pricked my eyes: God had sent an angel to deliver His answer. Not knowing who you were and who could have known and then been so kind. I began to picture the faces of the faith community around us in the parish and in the school, one after another, that it could have been any one of those beautiful faces who helped us . . . I realized that I was seeing the face of Jesus in all of you, His real Presence in the world alive and well, many miraculous, different, and yet One. May the risen Lord bless you, in this Easter season and always. I will continue to think of your gift to us in my heart, with sincerest, deepest gratitude, with profound, joyful awe, with remembrance to also carry into our world, to our neighbors, the light of Christ's faith, hope and love as you have done. We will keep praying for you and sending you our best wishes.

Love,

♥ Gabrielle ☐

Editor's Note: The letter is from a family who has been assisted financially by The Spiritual Army of God the Father Ministry as an anonymous donor. The Board member has heard about this family's plight and was enlightened by the Holy Spirit to help this family send their daughter to a Catholic School. ☐

SPIRITUAL ENRICHMENT RECOMMENDED

ANGER AND ITS BOUNDARIES

BY VICTOR ARANETA

Anger, when kept within certain acceptable bounds, is not a sin. David's anger is evident in Psalms. Jesus visibly vented His anger in the temple. Nowhere are these described as sin.

However, when anger crosses certain boundaries, it becomes sinful behavior. Identifying those emotional and spiritual boundaries is



difficult, but here are a few helpful caveats.

Anger is permitted as long as it is not synonymous with constant irritable temper. If you frequently stew over matters and

are quickly irritated, you are not walking within the spirit of God. You need His self-control and mega dose of biblical love (Eph 4:27).

Anger is acceptable as long as it is directed at another's behavior and not the person. God does not treat you as what your sin deserves; likewise, you must be careful not to attack a person's self-worth. Let your anger be directed at the problem or issue, not at the person. Express your ire but keep it within legitimate bounds.

Prayer: Lord in my best effort to control my anger, there are times when my mind still explodes the anger beyond my spiritual connection with you. Help me, my Lord, to push back this anger and nurture my relationship with you, in Jesus' name, I pray. Amen.

Upcoming Events

1ST FRIDAY DEVOTION

JUNE 3, 2022

IN LOS ANGELES: VIA ZOOM
DEVOTIONAL PRAYERS BEGIN AT 9:30 PM

IN LAS VEGAS:
DEVOTIONAL PRAYERS AT 2:30 PM
AT THE CENACLE HOUSE

1ST SATURDAY DEVOTION

JUNE 4, 2022

IN LOS ANGELES: THE MONASTERY OF THE
ANGELS | MASS BEGINS AT 9:15 AM
DEVOTIONAL PRAYERS FOLLOW

IN LAS VEGAS:
CENACLE VIA ZOOM AT 11:00 AM
DEVOTIONAL PRAYERS AT 1:00 PM
AT THE CENACLE HOUSE

1ST SUNDAY DEVOTION

JUNE 5, 2022

IN LOS ANGELES:
THE MONASTERY OF THE ANGELS
DEVOTIONAL PRAYERS BEGIN
AT 10:30 AM

IN LAS VEGAS:
ST. SHARBEL CATHOLIC CHURCH
MASS AT 9:30 AM FOLLOWED BY DEVOTIONAL
PRAYERS AT THE CHAPEL

800 OUR FATHER DEVOTION

JUNE 18, 2022

IN LOS ANGELES: VIA ZOOM
MASS AT 10:00 AM

IN LAS VEGAS: 8:00 AM
AT THE CENACLE HOUSE

SEEKING GOD'S GLORY THROUGH MARY'S HELP

A NINE-DAY PILGRIMAGE
QUEBEC CITY | MONTREAL | NEW FRANKEN |
HUBERTUS | LA CROSSE
OCTOBER 12-20, 2022
DAILY ACTIVITIES AND OTHER
INFORMATION ARE AVAILABLE AT
WWW.SPIRITUALARMYOFGOD.ORG

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HOW THE HOLY SPIRIT TEACHES YOU

When people give us counsel, we must pray for the Holy Spirit to reveal what He wants us to hear. It's also important to make sure counsel aligns with scripture.

"What we have received is not the spirit of the world, but the Spirit who is from God, so that we may understand what God has freely given us" (1 Corinthians 2:12).

Do you ever feel unqualified, incapable, and inadequate to share the gospel with others? Learn how the Holy Spirit teaches you and helps you understand.

The Holy Spirit Reminds Us

My kids need a lot of "reminding" to do their chores. And the truth is, I need a lot of reminding to remember my purpose for living and the power available to me to live my life with joy and peace.

When my negative self-talk becomes louder than the voice of truth, then a spiritual battle wages.

Have you ever felt the Holy Spirit nudging your spirit to open His Word or go to church? The Holy Spirit wants to remind us of who we are. He speaks truth and defends us against the attacks of Satan. He champions us before the Father. Pleads for us. Comforts us. Protects us. Guards us. And even prays for us!

When we actively seek the truth found in God's Word, the Holy Spirit will help fill our minds with what is true, noble, right, pure, lovely, and praiseworthy (Philippians 4:8).

"But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you" John 14:26).

The Holy Spirit Gives us Knowledge

God wants us to know, believe, and understand him on a personal level. Knowing God means we experience the truth of his attributes in our daily life. This is the same kind of relational knowing Paul is referring to in his letter to the Ephesians.

"I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe. That power is the same as the mighty strength he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come"(Ephesians 1:17-23).

When inadequacy causes you to fear your capability, remember the same power that raised Jesus from the dead is the same power that qualifies you for his service.

Dear Lord, enlighten my mind and heart so that I may know who you are and experience your incomparable power in my life. You give me the power to learn, grow, and change. You equip me to live with purpose. Because of you, I am adequate to accomplish your will for my life. ☐

Valerie Murray is a busy mother of four energetic children and a wife to a husband of 25 years. She writes to help others have courageous faith and discover how to trust in God when they are afraid.



"I am your Mother Mary.

I am your Mother Mary. Let your prayers be heard through the heavens for God Almighty will change the culture of life. Pray, pray, pray my children, for this will happen soon but things will start being prevented. Pray, pray, pray, my children.

Your Lady of the Rosary
05212022