



# 1<sup>ST</sup> SATURDAY DEVOTION NEWSLETTER

JULY 2022

## OUR LADY OF MOUNT CARMEL

*Father Gabriel of St Mary Magdalen, O.C.D. –  
From Divine Intimacy*

*O Mary, Beauty of Carmel, make me worthy of your protection, clothe me with your scapular, and be the teacher of my interior life.*

Devotion to our Lady of Mount Carmel indicates a strong call to the interior life, which, in a very special way, is Mary's life.

The Blessed Virgin wants us to resemble her in heart and mind much more than in externals. If we penetrate into Mary's soul, we see that grace produced in her a very rich interior life: a life of recollection, prayer, uninterrupted giving of herself to God, and of constant contact and intimate union with Him. Mary's soul is a sanctuary reserved for God alone where no creature has ever left an imprint, here reign love and zeal for the glory of God and the salvation of men.



Those who wish to live truly devoted to our lady of Mount Carmel, must follow Mary into the depths of the interior life. Carmel is the symbol of the contemplative life, of life wholly consecrated to seeking God and tending wholly toward divine intimacy; and she who best realizes this very high ideal is Mary, Queen, Beauty of Carmel.

"Judgment shall dwell in the wilderness and justice shall sit in Carmel. And the work of justice shall be peace, and the service of justice quietness and security forever. And people shall sit in the beauty of peace, and in the tabernacles of confidence." These verses, taken from Isaiah (32, 16-18) and repeated in the Office proper to Our Lady of Mount Carmel, delineate very well the contemplative spirit and, at the same time, they are a beautiful picture of Mary's soul which is a real "garden" (Carmel in Hebrew signifies garden) of virtues, an oasis of silence and peace, where justice and equity reign; an oasis of security completely enveloped in the shadow of God, and filled with God.

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## FEASTS FOR JULY

The feasts on the General Roman Calendar celebrated during the month of July are:

- |                                                                 |                                                |
|-----------------------------------------------------------------|------------------------------------------------|
| 1 Junipero Serra (USA), Opt. Mem.                               | 20 Apollinaris, Opt. Mem.                      |
| 3 Fourteenth Sunday in Ordinary Time, Sunday                    | 21 Lawrence of Brindisi, Opt. Mem.             |
| 4 Independence Day (USA), Opt. Mem.                             | 22 Feast of Mary Magdalene, Feast              |
| 5 Anthony Mary Zaccaria; Elizabeth of Portugal (USA), Opt. Mem. | 23 Bridget, Opt. Mem.                          |
| 6 Maria Goretti, Opt. Mem.                                      | 24 Seventeenth Sunday in Ordinary Time, Sunday |
| 9 Augustine Zhao Rong & companions, Opt. Mem.                   | 25 James, Feast                                |
| 10 Fifteenth Sunday in Ordinary Time, Sunday                    | 26 Joachim and Anne, Memorial                  |
| 11 Benedict, Memorial                                           | 29 Martha, Mary and Lazarus, Memorial          |
| 13 Henry, Opt. Mem.                                             | 30 Peter Chrysologus; Solanus Casey, Opt. Mem. |
| 14 Kateri Tekakwitha (USA), Memorial                            | 31 Eighteenth Sunday in Ordinary Time, Sunday  |
| 15 Bonaventure, Memorial                                        |                                                |
| 16 Our Lady of Mount Carmel, Opt. Mem.                          |                                                |
| 17 Sixteenth Sunday in Ordinary Time, Sunday                    |                                                |
| 18 Camillus de Lellis (USA), Opt. Mem.                          |                                                |

The feasts of St. Thomas the Apostle (July 3), St. Sharbel (July 24) and St. Ignatius of Loyola (July 31) are superseded by the Sunday liturgy. □

## THANK YOU

*... a small and simple phrase that comes from a grateful heart!*

*Psalm 106:2*

*My God, You have made impossibilities become as doable as I could ever imagine. You have made life easy for me ever since I invited you to take charge. From the depth of my heart, thank you, my Benevolent Provider, my Lord and my God.*

*Flor*

### OUR CENACLE CORNER

Seeking a deeper relationship with God  
through meditation of passages from Holy Scriptures

**WHEN WE STRUGGLE TO PRAY,  
LET'S TURN TO OUR BIBLE,  
THE SOURCE OF INTENT OF PRAYERS**

# GOD TOUCHED ME

*Publish his glorious deeds among the nations.  
Tell everyone about the amazing things he does. — 1 Chronicles 16:24*

## GOD'S CALL TO EVANGELIZATION

*For Zion's sake I will not keep silent, and for Jerusalem's sake I will not be quiet,  
until her righteousness goes forth as brightness, and her salvation as a burning torch. Isaiah 62:1*

*By Maria Luisa Sheets, a devotee*

In the course of our faith journey, God the Father opens a door of opportunity for us to know, love and honor Him, through His only begotten Son, Our Lord and Savior Jesus Christ. (I am the Way, the Truth and the Life. No one comes to the Father except through Me. John 14.6.) It is our free will to enter that door or not.

Delving into the unknown is scary since being in control is a human trait, ("And admonished them in order to turn them back to Your Law. Yet they acted arrogantly and did not listen to Your commandments but sinned against Your ordinances." Nehemiah 9:29.) However, this desire to be in control has caused tribulations in the lives of many. For it is said: Faith is not knowing the future. Faith is knowing Who holds the future!

Surrendering everything to God Almighty Father, our Creator, with all your heart, mind, body and spirit will determine the outcome of your choices and actions in life. If your ultimate goal is to enter God's Heavenly Kingdom, then focus and do not fear ("For I know the plans that I have for you," declares the LORD, "plans for prosperity and not for disaster, to give you a future and a hope. Jeremiah 29:11.)

Our deep love and trust in Our Lord God will help us to make the right move and to accept all that is to unfold. ("Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him and He will make your paths straight. Proverbs 3:5-7.)

Guided by these two Scriptural verses. "I am the bread of life; the one who comes to Me will not be hungry,

and the one who believes in Me will never be thirsty" John 6:35 and "but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life." John 4:14, I approach every grace to spread the Good News of salvation with deep love and absolute trust in Jesus paving the way to touch those I encounter, through the power of The Holy Spirit.

I desire in my heart that God will make me an instrument of His love. He nourishes that desire, that free will. ("Delight yourself in the LORD, and He will give you the desires of your heart." Psalm 37:4.) Through divine providence, amazing things happen.

I have encountered people going through different phases in their lives. In starting a conversation with them, and holding copies of The Holy Cross Prayer and The Consecration to God the Father Prayer in my hand, ready to give these powerful prayers to them, the Holy Spirit descends upon us. They start to understand what is going on in their lives and how seeking God and trusting Him can bring forth resolution and restoration of peace, hope and love.

A man I had encountered has a good life with his wife and son. Unbeknownst to his son, his wife and him have an open marriage. In addition to giving him The Holy Cross Prayer and The Consecration to God the Father Prayer. I shared with him the version of the Chaplet of Divine Mercy where St. Faustina is narrating and showing scenes of Our Lord's passion during the scourging at the pillar. Watching it, opened his eyes to the pain and humiliation of Our Lord Jesus as He tells St. Faustina that sins of the flesh brought him extreme suffering in the hands of the Roman soldiers. And that,

He remained meek and suffered immensely for the crown of thorns for the sin of pride.

Consumed with his strong desire to ask for forgiveness, we prayed fervently and implored the help of Our Blessed Virgin Mary through the Rosary. ("Let your hope keep you joyful, be patient in your troubles, and pray at all times." Romans 12:12.) Slowly, he felt the Spirit guiding him to seek relief from sexual addiction.

This move was difficult for him but life changing. His wife supported him wholeheartedly. They both realized the health risks they have overcome and more importantly, they have gone completely back to their faith, through the Sacraments of Penance and Reconciliation, The Eucharist and Holy Communion. Their son is in a Catholic school and serving as a Sacristan in their church. Thanks be to God! Praise, honor and glory to the Most Holy Trinity, God the Father, Son and the Holy Spirit. Now and forever!!!

God's ways are above our ways. But as He created us in His own image, we need to exert all we can do to achieve the full potential of the gifts and talents He has given us in our current status in life. More graces and blessings come to those who value the riches God is giving them and share these with others. ("But he bestows a greater grace; therefore, it says: God resists the proud, but gives grace to the humble." James 4:6.)

Use your free will with utmost love, reverence, thanksgiving and trust in God. It will take you to eternal life of peace, love and joy in God's Heavenly Kingdom! ("There are many rooms in my Father's house and I am going to prepare a place for you. I would not tell you this if it were not so. And after I go and prepare a place for you, I will come back and take you to myself, so that you will be where I am." John 14:2-3.) ☐

## SPIRITUAL ENRICHMENT RECOMMENDED

### WHEN WE STRUGGLE TO PRAY, LET'S TURN TO OUR BIBLE, THE SOURCE OF INTENT OF PRAYERS

BY VICTOR ARANETA

Life is too short and talking to God must be our route to make our life dedicated to Him. It is our sign to heaven.

We think our structured prayers are our best script to please God and establish that relationship we all want to achieve.

Do you know that He is inclined to listen more attentively if we humbly speak to Him and release those supplications honestly without anger from our heart to His heart saying "through my fault through my fault through my grievous fault my God."

During mass we are all selfish with our prayers, let us be more prayerful for others during our one on one prayer using our own words. The great example is The prayer of King Hezekiah in 2 Kings 19:15-19"



Hezekiah

15 "O LORD, God of Israel, enthroned between the cherubim, you alone are God over all the kingdoms of the earth. You have made heaven and earth.

16 Give ear, O LORD, and hear; open your eyes, O LORD, and see; listen to the words Sennacherib has sent to insult the living God.

17 "It is true, O LORD, that the Assyrian kings have laid waste these nations and their lands.

18 They have thrown their gods into the fire and destroyed them, for they were not gods but only wood and stone, fashioned by men's hands.

19 Now, O LORD our God, deliver us from his hand, so that all kingdoms on earth may know that you alone, O LORD, are God, Amen" □

## Upcoming Events

### 1<sup>ST</sup> FRIDAY DEVOTION

JULY 1, 2022

IN LOS ANGELES: VIA ZOOM  
DEVOTIONAL PRAYERS BEGIN AT 9:30 PM

IN LAS VEGAS:  
DEVOTIONAL PRAYERS AT 2:30 PM  
AT THE CENACLE HOUSE

### 1<sup>ST</sup> SATURDAY DEVOTION

JULY 2, 2022

IN LOS ANGELES: THE MONASTERY OF THE ANGELS | MASS BEGINS AT 9:15 AM  
DEVOTIONAL PRAYERS FOLLOW

IN LAS VEGAS:  
CENACLE VIA ZOOM AT 11:00 AM  
DEVOTIONAL PRAYERS AT 1:00 PM  
AT THE CENACLE HOUSE

### 1<sup>ST</sup> SUNDAY DEVOTION

JULY 3, 2022

IN LOS ANGELES:  
THE MONASTERY OF THE ANGELS  
MASS IS AT 8:30 AM  
DEVOTIONAL PRAYERS | CENACLE FOLLOW

IN LAS VEGAS:  
ST. SHARBEL CATHOLIC CHURCH  
MASS AT 9:30 AM FOLLOWED BY  
DEVOTIONAL PRAYERS AT THE CHAPEL

### 800 OUR FATHER DEVOTION

JULY 16 2022

IN LOS ANGELES: VIA ZOOM  
MASS AT 9:15 AM

IN LAS VEGAS: 8:00 AM  
AT THE CENACLE HOUSE

### SEEKING GOD'S GLORY THROUGH MARY'S HELP

A NINE-DAY PILGRIMAGE  
QUEBEC CITY | MONTREAL | NEW FRANKEN |  
HUBERTUS | LA CROSSE  
OCTOBER 12-20, 2022  
DAILY ACTIVITIES AND OTHER  
INFORMATION ARE AVAILABLE AT  
[WWW.SPIRITUALARMYOFMOTHERMARIAM.org](http://WWW.SPIRITUALARMYOFMOTHERMARIAM.org)

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## **OUR LADY OF MOUNT CARMEL**

Every interior soul, even if living amid the tumult of the world, must strive to reach this peace, this interior silence, which alone makes continual contact with God possible. It is our passions and attachments that make noise within us, that disturb our peace of mind and interrupt our intimate converse with God. Only the soul that is wholly detached and in complete control of its passions can, like Mary, be a solitary, silent "garden" where God will find His delights. This is the grace we ask of Our Lady today when we choose her to be the Queen and mistress of our interior life.

Happy and Blessed Feast Day of Our Lady of Mount Carmel! ♥

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The author of *Divine Intimacy*, Father Gabriel of St. Mary Magdalen, O.C.D., was one of the outstanding Discalced Carmelite authors and lecturers of modern times. A devout son of St. John of the Cross, he devoted himself generously and tirelessly to the task of promoting that desired union, both in himself and in others.



**THE HOLY OCTAVE OF CONSECRATION  
TO GOD OUR FATHER  
BEGINS ON SUNDAY, JULY 31 ENDING ON  
THE FEAST DAY OF THE FATHER OF ALL MANKIND  
ON SUNDAY, AUGUST 7, 2022**



*"I am your Mother Mary.*

*Pray, pray, pray for many will come and change your thinking in the present life you're living. In the days ahead, your laws will change. And You must support laws that will bring life back to society, my children. For these will bring God back to each and every individual culture in society.*

*When this happens, your country will be blessed by God. It will be blessed by God, my children.*

*Mary, Your Lady of Good Counsel*  
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