

1 ST SATURDAY DEVOTION NEWSLETTER

SEPTEMBER 2023

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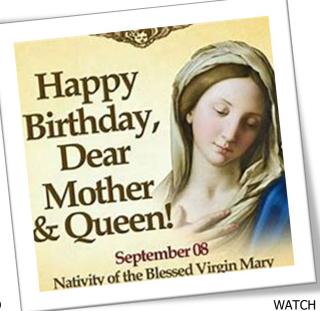
SEPTEMBER 8TH — IT'S A BIRTHDAY - MARY'S BIRTHDAY

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SEPTEMBER 8TH IS MARY'S BIRTHDAY! IT IS TIME FOR A SPECIAL PARTY! BRING OUT THE CANDLES. BAKE A SPECIAL CAKE. SAY JOYFUL PRAYERS. BECAUSE ON SEPTEMBER 8, WE CELEBRATE THE IMMACULATE BIRTH OF OUR BLESSED MOTHER. IT'S MARY'S BIRTHDAY! THIS IS A DAY TO

CELEBRATE THE BEST OF **MOTHERHOOD BECAUSE** MARY IS OUR GUIDE IN THE **MOTHERHOOD** JOURNEY! SHE NURTURES ALL GOD'S CHILDREN **SUPPORTS** AND OUR GROWTH IN HOLINESS. WF CELEBRATE THE MOTHER OF ALL MOTHERS WHO CONTINUES TO OVER EACH OF US



FROM HEAVEN!

Mary's parents were devout Jews (Essenes) who for many years were without additional children and for this time of barrenness Anne and Joachim felt ashamed. They were growing old.

Mary's birth was a blessing, not only to them, but to the entire world! She was born uniquely free from sin -- the Immaculate Conception. Her coming to Anne and Joachim has a story too. Joachim had gone to the Temple to offer a sacrifice in order to petition God for a child but the priests mocked him and he was

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FEASTS FOR SEPTEMBER

THE FEASTS ON THE GENERAL ROMAN CALENDAR CELEBRATED DURING THE MONTH OF SEPTEMBER ARE:

- 3 TWENTY-SECOND SUNDAY IN ORDINARY TIME, SUNDAY
- 8 NATIVITY OF THE BLESSED VIRGIN MARY, FEAST
- 9 PETER CLAVER (USA), MEMORIAL
- 10 TWENTY-THIRD SUNDAY IN ORDINARY TIME, SUNDAY
- 12 MOST HOLY NAME OF MARY, OPT. MEM.
- 13 JOHN CHRYSOSTOM, MEMORIAL
- 14 EXALTATION OF THE HOLY CROSS, FEAST
- 15 OUR LADY OF SORROWS, MEMORIAL
- 16 CORNELIUS AND CYPRIAN, MEMORIAL
- 17 TWENTY-FOURTH SUNDAY IN ORDINARY TIME, SUNDAY
- 19 JANUARIUS, OPT. MEM.
- 20 Andrew Kim Taegon, Paul Chong Hasang and Companions; Ember Wednesday, Memorial
- 21 MATTHEW, APOSTLE, FEAST

- 23 PIUS OF PIETRELCINA; EMBER SATURDAY, MEMORIAL
- 24 TWENTY-FIFTH SUNDAY IN ORDINARY TIME, SUNDAY
- 26 COSMAS AND DAMIAN, OPT. MEM.
- 27 VINCENT DE PAUL, MEMORIAL
- 28 WENCESLAUS; LAWRENCE RUIZ AND COMPANIONS, OPT. MEM.
- 29 MICHAEL, GABRIEL & RAPHAEL, ARCHANGELS, FEAST
- 30 JEROME, MEMORIAL

THE COMMEMORATIONS OF ST. GREGORY THE GREAT (SEPTEMBER 3) AND ST. ROBERT BELLARMINE AND HILDEGARD OF BINGEN (SEPTEMBER 17) FALL ON A SUNDAY SO THEY ARE SUPERSEDED BY THE SUNDAY LITURGY.

OUR CENACLE CORNER

SEEKING A DEEPER RELATIONSHIP WITH GOD THROUGH MEDITATION OF PASSAGES FROM HOLY SCRIPTURES

Open Your Heart

GOD TOUCHED ME

Publish his glorious deeds among the nations.

Tell everyone about the amazing things he does. — 1 Chronicles 16:24

Whatever you do, work heartily, as for the Lord and not for men. Colossians 3:23

BEING INVISIBLE

By Katekist, a devotee

WE ALL HAVE THE NEED TO BE RECOGNIZED, TO BE KNOWN. IT'S KIND OF INHERENT IN OUR HUMAN NATURE FOR WANTING PEOPLE TO AT LEAST NOTICE US IF NOT TO KNOW US, ADMIRE US, OR TO BE EMULATED. WE WANT TO BE THE CENTER OF ATTENTION, THE FOCUS OF CONVERSATION WITHIN OUR FAMILY, AMONG FRIENDS, AND IN OUR WORKPLACE. WE TALK ABOUT OUR TRAVELS, OUR HIGH- END JOBS, OUR CONNECTION TO WELL-KNOWN PEOPLE, OUR TOP NOTCHED HOBBIES, OUR MATERIAL ACQUISITIONS ETC., ETC. WE POST ON SOCIAL MEDIA OUR DAILY ACTIVITIES TO SHOW HOW GOOD AND ENVIABLE OUR LIFE IS. BUT IS THERE REALLY A NEED FOR ALL OF THESE.

I AM NOT EXEMPT ON THESE. BUT DESPITE MY MINISCULE DESIRE TO BE VISIBLE I REMAIN INVISIBLE. AND IT HURTS AT TIMES WHEN I AM NOT SO GROUNDED. MY FAMILY MEMBERS POST HAPPENINGS AND NEWS IN OUR COMMON CHAT GROUP AND ALMOST EVERYONE PUT A GOOD WORD OR COMMENT. I WILL POST SOMETHING AND MOST OF THE TIME THERE WAS NO RESPONSE WHATSOEVER. SO, MY NATURAL RESORT IS NOT TO POST ANYMORE. BUT AM I THAT INVISIBLE. I REMEMBER GOING ON A EUROPEAN TOUR AND I WAS SO EXCITED TALKING ABOUT IT WITH MY CO-WORKERS WHEN THEY ASKED HOW I SPENT MY SUMMER, BUT THE RESPONSE WAS SO DULL THAT I STOPPED TALKING. MEANWHILE THEY GOT TO GO THE FOLLOWING YEAR AND WHEN THEY SHARE THAT STORY, IT HAD AN OVERWHELMING RESPONSE. AM I THAT INVISIBLE. OR I WILL DO A SHARING IN A GROUP, IN A BOOK CLUB OR A CHURCH FUNCTION, AND THEN I REGRET SHARING BECAUSE I DID NOT MAKE ANY WAVE AT ALL. ONCE I WROTE A REFLECTION ON WHAT MY MOTHER-IN-LAW MEANT TO ME, HOW SHE TREATED ME LIKE HER OWN DAUGHTER AND HOW I TREATED HER AS MY OWN MOTHER. SHE WAS MORE A MOTHER TO ME THAN MY VERY OWN, WHICH IS KIND OF SAD TO SAY. IT WAS A MOVING REFLECTION ON MY END BUT THAT WAS READ, NOT BY ME, DURING HER FUNERAL MASS. AGAIN, I WAS A CAPABLE WRITER BUT THE INVISIBLE READER. MAYBE I'M NOT A GOOD STORYTELLER. OR MAYBE I DON'T ASSERT MYSELF TO BE RECOGNIZED, OR I JUST LET PEOPLE OVERSHADOW ME. BUT IS THERE REALLY A NEED TO MAKE MYSELF VISIBLE OR HEARD. BECAUSE OF ALL THESE, I HAVE LEARNED TO BE QUIET, NOT TO RAISE MY OPINION NOR QUESTION PEOPLE. I NEVER ASSERT MY PERSPECTIVE ON POLITICS NOR IN RELIGION FOR FEAR THAT I WOULD REMAIN INVISIBLE. IS THIS GOOD? I DON'T KNOW.

ONE OF THE CHALLENGES POSED BY OUR PRIEST IN HIS SERMON WAS FOR US TO PRACTICE SIMPLICITY, HUMILITY, AND THE LOVE OF THE HIDDEN LIFE. VERY ADMIRABLE AND SO NOBLE BUT SO DIFFICULT TO EXERCISE. I SHOULD NOT BE COMPLAINING BECAUSE SINCE I AM INVISIBLE THEN I AM QUITE ADHERING TO THIS CHALLENGE. BUT AS I MENTIONED BEFORE I FELT HURT NOT BEING LISTENED TO, NOT BEING RESPONDED TO AND NOT BEING ACKNOWLEDGED. I JUST NEEDED A SIMPLE RESPONSE THAT I AM HERE AND THAT I MATTER. I JUST NEED A SIMPLE VALIDATION, IS THAT TOO MUCH TO ASK.

I am just reminded that the last time Jesus was mentioned in the Bible before He began His ministry at age 30 was in the finding of Jesus in the Temple. A good 18-year gap if He was 12 years old back then when He was found preaching in the temple. That solid 18 years has always been the basis of the monastic life, how ordinary life is lived without any fanfare but with great personal relationship with God. It is Jesus' way of saying, "Hey - simple, ordinary, quiet life is ok." That there is nothing wrong with a simple run of the mill living for all of us. There is too many challenges in life and good living to cherish that I should not dwell upon being invisible. \Box

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SEPTEMBER 8TH

SENT AWAY IN HUMILIATION. MEANWHILE ANNE WAS AT HOME IN NAZARETH WHEN AN ANGEL CAME TO HER TO SAY THAT A SPECIAL CHILD WAS COMING. ANNE HURRIED TO JERUSALEM AND MET HER HUSBAND BY THE GOLDEN GATE. THEIR UNION THERE FORESHADOWED THE OPENING OF THE GATES OF HEAVEN. (THE LIFE OF THE BLESSED VIRGIN MARY BY ANNE CATHERINE EMMERICH.)

IT IS GOOD TO CELEBRATE MARY'S SPECIAL DAY. WE CAN DO THIS BY MAKING A CROWN OF FLOWERS FOR A STATUE OF OUR LADY AND BY RECITING THE LITANY OF LORETO. WE CAN RECORD HOW MARY BLESSES OUR LIVES AND REMEMBER TO BE THANKFUL TO HER.

I find my own devotion to Our Lady growing deeper everyday as a result of her special blessings in my life. This past spring when my husband was very sick, our family spent two full months in and out of the hospital, caring for him. At the time I had been doing some substitute teaching. I was worried about the much-needed income. I was worried about the future. Then an editor offered me a project to write about prayer and the Blessed Mother.

THIS PROJECT COULD NOT HAVE COME AT A BETTER TIME! SINCE THEN, I HAVE SPENT THREE MONTHS DOING NEW RESEARCH AND STUDYING CHURCH DOCUMENTS. AND ALL ALONG THE WAY I HAVE FELT THE PRESENCE OF THE BLESSED MOTHER GUIDING ME TO BE CALM AND PATIENT.

FOR THE FIRST TIME IN MY LIFE, I CAN NOW WAKE UP, IN THE MIDDLE OF THE NIGHT, FEELING HAPPY TO PRAY. IN THE DARK STILLNESS OF OUR RURAL HOME, THERE IS NOTHING BETWEEN ME AND MY HEAVENLY MOTHER. I KNOW SHE'S LISTENING. OUR FAMILY LIFE IS CHANGING.

SO, ON THIS SEPTEMBER 8TH, I HOPE WE CAN ALL TURN TO HER TO ASK FOR HER HELP AND TO THANK HER FOR BEING OUR GUIDE IN TRUSTING THE WILL OF GOD, WHEREVER THAT MAY TAKE US. LIFE IS AN ADVENTURE. MARY IS OUR GUIDE. AND THE GATES OF HEAVEN STAND OPEN AS A RESULT OF HER "YES" TO THE LORD!



"I am your Mother Mary. Pray, pray, pray for your country and safety of those who fight for the rights of people. This is not about communism but the selfish motives of politicians colluding so your rights will be suppressed. Corruption has overpowered America. Your prayers are being heard before the throne of God. Soon everything will shift towards God's blessings and glory!!!"

SPIRITUAL ENRICHMENT RECOMMENDED

OPEN YOUR HEART BY VICTOR ARANETA



GOD LOVES YOU SO MUCH THAT HIS "MERCIES...ARE NEW EVERY MORNING" (LAMENTATIONS 3:22-23). YET WE OFTEN FAIL TO SEE HOW GOD ACTS ON OUR BEHALF. HE SHOWS US HIS UNENDING LOVE, BUT WE FORGET ABOUT IT. AND OUR HEARTS BECOME HARDENED EACH TIME WE ARE BLIND TO HIS PRESENCE.

THE GOOD NEWS ABOUT HARDENED HEARTS IS THAT THERE IS A CURE! NO MATTER HOW LITTLE WE HEAR, HOW LITTLE WE SEE OR HOW DEAD WE MAY BE IN OUR SINS, GOD HAS MADE US ALIVE WITH CHRIST. "HE FORGAVE US ALL OUR SINS, HAVING CANCELED THE CHARGE...WHICH STOOD AGAINST US AND CONDEMNED US; HE HAS TAKEN IT AWAY, NAILING IT TO THE CROSS."

PRAYER: LORD, I OFFER YOU MY TROUBLED HEART, AND I KNOW IF I UNCEASINGLY PLEAD MY INTENTION, THIS TROUBLED AND HARDENED HEART WILL CEASE TO EXIST. WITH YOU, I CAN FEEL CALMNESS THAT PENETRATES INTO MY WHOLE BEING AS YOU EMBRACE ME IN THE KINDNESS OF YOUR SACRED HEART. AMEN. □

Upcoming Events

1ST FRIDAY DEVOTION

SEPTEMBER 1, 2023

IN LAS VEGAS: THE CENACLE HOUSE AT 2:30 PM

In Los Angeles: Via Zoom At 8:30 pm Via Zoom

1ST SATURDAY DEVOTION

SEPTEMBER 2, 2023

In Las Vegas: The Cenacle House
At 1:00 PM

In Los Angeles: THE MONASTERY OF THE ANGELS DEVOTIONAL PRAYERS AT 8:30 AM MASS AT 10:00 AM CENACLE AT 11:15 AM

1ST SUNDAY DEVOTION

SEPTEMBER 3, 2023

IN LAS VEGAS:
St. Sharbel Catholic Church
Mass at 9:30 AM Followed by
Devotional Prayers at the Chapel

IN LOS ANGELES:
THE MONASTERY OF THE ANGELS
MASS & BENEDICTION AT 11:00 AM

2000 HAIL MARY DEVOTION

SEPTEMBER 9, 2023
IN LAS VEGAS: THE CENACLE HOUSE
AT 8:00 AM

SEPTEMBER 16, 2023 IN LOS ANGELES: VIA ZOOM MASS AT 9:15 AM