



# 1<sup>ST</sup> SATURDAY DEVOTION NEWSLETTER

NOVEMBER 2025

## NOVEMBER: A SACRED TIME OF REMEMBRANCE AND REFLECTION

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AS THE DAYS GROW SHORTER AND THE LEAVES CONTINUE TO FALL, NOVEMBER INVITES US INTO A SEASON OF REMEMBRANCE AND REFLECTION. WHILE THANKSGIVING CALLS TO MIND THE BLESSINGS OF FRIENDS AND FAMILY, THE CHURCH ALSO OBSERVES THIS MONTH AS A SPIRITUAL TIME THAT MARKS THE END OF THE LITURGICAL YEAR.

NOVEMBER IS A TIME WHEN WE REFLECT DEEPLY ON OUR FAITH JOURNEY, REMEMBERING THOSE WHO HAVE GONE BEFORE US AND CONTEMPLATING THE HOPE AND PROMISE OF ETERNAL LIFE. IT IS A SOLEMN YET SACRED PERIOD THAT PROMPTS US TO CONSIDER OUR RELATIONSHIP WITH GOD AND THE WAYS WE ARE CALLED TO LIVE OUT OUR FAITH IN THE WORLD. THE CHURCH REMINDS US OF THE IMPORTANCE OF PRAYER, ENCOURAGING US TO CONTINUALLY SEEK GOD'S GRACE.



AS WE REFLECT ON THE PAST, NOVEMBER STANDS AS A THRESHOLD - A TIME TO LOOK FORWARD. THE FINAL DAYS OF THE LITURGICAL YEAR GIVE WAY TO ADVENT, A SEASON OF HOPEFUL EXPECTATION AS WE PREPARE OUR HEARTS FOR THE CELEBRATION OF CHRIST'S BIRTH. THIS TRANSITION FROM SOLEMN REMEMBRANCE TO JOYFUL ANTICIPATION BEAUTIFULLY ENCAPSULATES THE CHRISTIAN CALL TO HONOR OUR PAST WHILE EMBRACING THE FUTURE WITH HOPE.

WE PRAY THAT NOVEMBER IS A TIME OF PEACE, REFLECTION, AND RENEWAL FOR YOU AND YOUR LOVED ONES, AS WE HONOR THE PAST AND LOOK FORWARD TO THE JOYOUS CELEBRATION OF OUR SAVIOR'S COMING. ☐

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THE EDITORS OF THE SPIRITUAL ARMY OF GOD THE FATHER'S 1<sup>ST</sup> SATURDAY NEWSLETTER ARE RESPONSIBLE FOR MAINTAINING THE CONSISTENT QUALITY AND ACCURACY OF THE SPIRITUAL ARMY OF GOD THE FATHER'S 1<sup>ST</sup> SATURDAY NEWSLETTER AND AS SUCH RESERVE THE RIGHT TO REJECT OR EDIT THE CONTENT OF ALL SUBMISSIONS FOR PUBLICATION. EDITING MAY INCLUDE, BUT IS NOT LIMITED TO, CHANGES TO GRAMMAR, SYNTAX AND STYLES, REMOVAL OF OFFENSIVE CONTENT AND REMOVAL OF PERSONAL NON-PUBLIC INFORMATION. SUBMISSION OF YOUR ARTICLE SIGNIFIES YOUR AGREEMENT TO THE TERMS AFOREMENTIONED.

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# FEASTS FOR NOVEMBER

THE FEASTS ON THE GENERAL ROMAN CALENDAR CELEBRATED DURING THE MONTH OF NOVEMBER ARE:

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| 1 ALL SAINTS, SOLEMNITY   | 21 PRESENTATION OF MARY, MEMORIAL                         |
| 2 ALL SOULS, COMMEN.  | 22 CECILIA, MEMORIAL                                      |
| 3 MARTIN DE PORRES, OPT. MEM.   | 23 OUR LORD JESUS CHRIST, KING OF THE UNIVERSE, SOLEMNITY |
| 4 CHARLES BORROMEIO, MEMORIAL   | 24 ANDREW DUNG-LAC AND COMPANIONS, MEMORIAL               |
| 9 DEDICATION OF THE LATERAN BASILICA, FEAST                               | 25 CATHERINE OF ALEXANDRIA, OPT. MEM.                     |
| 10 LEO THE GREAT, MEMORIAL  | 30 FIRST SUNDAY OF ADVENT, SUNDAY                         |
| 11 MARTIN OF TOURS; VETERANS DAY (USA), MEMORIAL                          |   |
| 12 JOSAPHAT, MEMORIAL   |   |
| 13 FRANCES XAVIER CABRINI, MEMORIAL                                       |   |
| 15 ALBERT THE GREAT, OPT. MEM.  |   |
| 16 THIRTY-THIRD SUNDAY IN ORDINARY TIME, SUNDAY                           |   |
| 17 ELIZABETH OF HUNGARY, MEMORIAL   |   |
| 18 BASILICAS OF PETER AND PAUL; ROSE PHILIPPINE DUCHESNE (USA), OPT. MEM. |   |

THE COMMEMORATIONS OF STS. MARGARET OF SCOTLAND AND GERTRUDE (NOVEMBER 16), STS. CLEMENT I AND ST. COLUMBAN (NOVEMBER 23) AND ST. ANDREW (NOVEMBER 30) FALL ON SUNDAYS AND ARE SUPERSEDED BY THE SUNDAY LITURGY. ☐

## OUR CENACLE CORNER

SEEKING A DEEPER RELATIONSHIP WITH GOD  
THROUGH MEDITATION OF PASSAGES FROM HOLY SCRIPTURES

*Trust Me*

# GOD TOUCHED ME

*Publish his glorious deeds among the nations.*

*Tell everyone about the amazing things he does. — 1 Chronicles 16:24*

## **TRIBUTES TO MILA LUMBA, DECEASED ON THE OCCASION OF HER BIRTHDAY NOVEMBER 18, 2025**

*The righteous cry out, the Lord hears and he rescues them from all their afflictions.*

*The Lord is close to the brokenhearted. Psalm 34:18-19*

### **FROM MALOU SHEETS, DEVOTEE, WITH LOVE IN CHRIST AND OUR BLESSED VIRGIN MARY:**

IN LOVING MEMORY OF MY DEAR FRIEND MILA, I PAY TRIBUTE TO HER UNWAVERING FAITH IN GOD THE FATHER AND EXPRESS MY SINCERE GRATITUDE FOR HER LOYAL AND CARING FRIENDSHIP.

MILA LUMBA WILL FOREVER BE ETCHED IN MY MEMORY AS A STEADFAST SERVANT OF GOD - A DEVOTED WIFE, MOTHER, FRIEND, AND COMMUNITY STAKEHOLDER. SHE EMBODIES THE QUINTESSENTIAL IMAGE OF A TRUE CHRISTIAN, EXEMPLIFYING DEEP LOVE FOR GOD, STEADFASTNESS IN HER VOCATION TO THE SACRAMENT OF MARRIAGE, AND STEADY COMMITMENT TO LOVING HER NEIGHBOR AS CHRIST LOVES US.

DURING OUR RETIREMENT FROM LOS ANGELES, CALIFORNIA, IN 2015, MILA'S UTMOST CARE AND HOSPITALITY WERE A BLESSING UPON ME AND MY DECEASED HUSBAND, GARY. SHE WAS OUR STEADFAST COMPANION, GUIDING US THROUGH THE UNFAMILIARITY OF A NEW RETIREMENT ENVIRONMENT.

IN BOTH JOYFUL AND CHALLENGING MOMENTS, MILA'S PRESENCE AND SUPPORT WERE INVALUABLE. HER FAITH IN CHRIST, INTERCEDED BY OUR LADY OF FATIMA, BROUGHT COMFORT AND SOLACE TO US. HER HUSBAND, GIL, EVELYN, ROBERT, GUADA, AND INES WERE ALSO BY OUR SIDE, SHARING IN OUR JOYS, TRIALS AND TRIBULATIONS.

AS WE WITNESSED THE PROFOUND SORROW AND ANGUISH OF MILA'S PASSING, A SENSE OF OVERWHELMING JOY PERMEATES THE AIR. THIS JOY EMANATES FROM THE CELESTIAL REALM, WHERE GOD'S ANGELS AND SAINTS EAGERLY WELCOME MILA TO THE

ETERNAL PEACE AND BOUNDLESS LIFE THAT AWAITS IN GOD'S EMBRACE.

WE EXPRESS OUR PROFOUND GRATITUDE TO GOD ALMIGHTY FOR BESTOWING UPON US THE PRIVILEGE OF WALKING IN FAITH ALONGSIDE MILA AND WITNESSING HER LOVE AND CARE FOR US, HER SISTERS AND BROTHERS IN CHRIST.

TO GOD ETERNAL FATHER BE THE GLORY, IN JESUS' MOST HOLY NAME IN UNITY WITH THE HOLY SPIRIT. NOW AND FOREVER. AMEN.

### **FROM CONNIE DE LA ROSA WOLFF, DEVOTEE**

MILA, AS YOU LAID ON YOUR HOSPITAL BED, IN SPITE OF YOUR PAIN, SUFFERING AND DISCOMFORTS, YOU WERE A SHINING EXAMPLE OF LOVE, TENDERNESS, WARMTH, COMPASSION, HAPPINESS, PEACE AND CONTENTMENT, WHILE YOU EAGERLY AWAITED OUR LORD IN YOUR FINAL MOMENTS. WHEN I ASKED YOU WHAT YOUR "BILIN" TO US WAS, YOU SAID, "LOVE EACH OTHER, HUWAG KAYONG MAG AWAY-AWAY." YES, MILA, WE WILL STRIVE HARD TO DO THAT!

YOU'VE ALWAYS TOLD US THAT HOLY COMMUNION MADE YOU STRONGER - HENCE, RECEIVED JESUS WHENEVER YOU CAN, EVEN IF IT MEANT GETTING UP EARLIER THAN USUAL, JUST SO YOU'D BE READY WHEN JUN AND GRACE PICKED YOU UP FOR MASS. YOU HAVE SUCH GREAT FAITH, MILA, AND YOU LOVED GOD SO MUCH, SUCH THAT YOU RADIATED AN INNER GLOW. IT'S TRUE WHAT THEY SAY: ONE'S FACE IS A WINDOW TO ONE'S SOUL. GOD'S LIGHT SHOWN THROUGH YOU AND WE THANK GOD FOR YOU!

DESPITE YOUR FRAGILE APPEARANCE AND ILLNESS, YOU REMAINED UNFAZED AND UNCOMPLAINING, CONTINUING

TO LIVE LIFE TO THE FULLEST. YOU WERE ONE TENACIOUS, PERSISTENT LADY, DETERMINED TO BEAT THE ODDS OF YOUR AILMENT, LIVING LIKE YOU WERE NOT SICK AT ALL! HOWEVER, GOD HAD OTHER PLANS AND TOOK YOU AWAY FROM US.

MILA, YOUR UNWAVERING FAITH, LOVE, AND COMPASSION INSPIRED US ALL. YOUR COURAGE IN THE FACE OF ILLNESS AND SUFFERING WAS A TESTAMENT TO YOUR STRENGTH AND RESILIENCE.

WE WILL CERTAINLY MISS YOUR DELICIOUS COOKING, YOUR FAMOUS FRUIT SALAD THAT EVERYONE LOVES, YOUR JOYFUL SPIRIT AND LAUGHTER, AND WHILE WE WILL DEEPLY MISS YOUR SWEET, LOVING PRESENCE IN OUR LIVES, WE TAKE COMFORT IN KNOWING THAT YOUR LEGACY WILL LIVE ON THROUGH US. WE WILL CONTINUE TO DRAW STRENGTH FROM YOUR EXAMPLE AND STRIVE TO LIVE AS YOU DID, WITH LOVE, KINDNESS, AND GENEROSITY.

MAY YOU REST IN PEACE, DEAR MILA. WE WILL ALWAYS REMEMBER YOU, LOVE YOU, PRAY FOR YOU, AND CHERISH THE MEMORIES OF OUR TIME TOGETHER - PRAYING, EATING, JOKING, LAUGHING, REMINISCING. YOUR LOVE, YOUR LAUGHTER, AND YOUR JOYFUL SPIRIT WILL NEVER BE FORGOTTEN. WE WILL HONOR YOUR MEMORY BY CONTINUING TO LIVE AS YOU DID, WITH FAITH, HOPE, AND LOVE.

I KNOW YOU'RE HERE WITH US RIGHT NOW AND THAT YOU CAN HEAR US. THIS IS NOT FAREWELL, DEAREST FRIEND, UNTIL WE MEET AGAIN! PLEASE PRAY FOR US.

AND NOW I'D LIKE TO SING THIS SONG TO THE TUNE OF AN OLD SONG. MILA, THIS SONG IS FOR YOU!

WE ALL HAD A DEAR SWEET FRIEND  
HER NAME WAS MILA LUMBA  
WE'VE JUST LAID HER TO REST NOW  
TO BE WITH HER LUCIEN AND MICHELLE.

I HEARD A VOICE FROM HEAVEN  
THAT SAID THEY'RE ALL THERE NOW  
FAREWELL DEAR FRIEND IN CHRIST  
WE PRAY WE'LL SEE YOU SOMEDAY. □

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## REMEMBRANCE: PRAYER FOR THE DEAD

DEAR GOD,

WE COME BEFORE YOU WITH HEAVY HEARTS, REMEMBERING OUR DEAR [NAME] WHO HAS PASSED FROM THIS LIFE INTO ETERNAL REST. WE ASK FOR YOUR MERCY AND GRACE FOR THEM, AND FOR ALL THE FAITHFUL DEPARTED. MAY THEY REST IN PEACE AND ENJOY THE FULLNESS OF YOUR LOVE AND PRESENCE.

WE ALSO PRAY FOR THOSE WHO ARE LEFT BEHIND, THAT THEY WOULD FIND COMFORT AND HOPE IN YOUR LOVING ARMS. GRANT THEM THE STRENGTH AND COURAGE THEY NEED TO FACE THIS DIFFICULT TIME, AND MAY THEY FIND PEACE AND HEALING IN YOUR PRESENCE.

WE PRAY FOR THE REPOSE OF THE SOUL OF [NAME], TRUSTING IN YOUR LOVE AND MERCY. AMEN.

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## THANKSGIVING PRAYER

LORD, TEACH US TO OFFER YOU A HEART OF THANKSGIVING AND PRAISE IN ALL OUR DAILY EXPERIENCES OF LIFE.

TEACH ME TO BE JOYFUL ALWAYS, TO PRAY CONTINUALLY, AND TO GIVE THANKS IN ALL MY CIRCUMSTANCES. AMEN.

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## REFLECTION: PRAYER FOR A FRUITFUL ADVENT

PRECIOUS LORD, AS I EMBRACE THIS ADVENT SEASON, PLEASE OPEN MY EYES TO SEE THE GREAT VALUE AND BLESSING OF YOUR INCARNATION. HELP ME TO DISCOVER YOUR HIDDEN PRESENCE IN THIS WORLD AND WITHIN MY OWN SOUL. I DESIRE TO SEE, UNDERSTAND AND EXPERIENCE THE PROFOUND EFFECTS THAT YOUR INCARNATION HAS ON MY LIFE AND I DESIRE TO RECEIVE THOSE EFFECTS MORE FULLY THIS ADVENT. MAY I BECOME A SANCTUARY IN WHICH YOU DWELL SO THAT I, LIKE YOUR DEAR MOTHER, MAY BRING YOUR PRESENCE INTO THE WORLD. LORD. AMEN. □



*“I am your mother Mary.*

*Pray, pray, pray my children, that the blessings of God will be continuous over your land and the world. My mantle of love you will have to cover you on the incoming chaos. My children it's not God who sends them but the evil minds of some people. Pray my beads of rosary for this will be your instrument to deflect the evil one of his intention.*

*Fire, water and movements of earth will occur but your faith and preparation for these will save your life. War and natural calamities are instruments of God to expose the real intent of some people.*

*My children, put yourselves in front of the Blessed Sacrament for this softens the heart of God. I am always with you my children.”*

*Mary, Your Lady of the Rosary*  
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# SPIRITUAL ENRICHMENT RECOMMENDED

## TRUST ME

BY VICTOR ARANETA



ALL OF JESUS' WORDS CAN BE REDUCED INTO TWO: TRUST ME. LET US NOT BE TROUBLED BY THE RETURN OF CHRIST. DO NOT BE WEARY ABOUT THINGS YOU CANNOT COMPREHEND. ISSUES LIKE THE MILLENNIUM AND THE ANTICHRIST ARE MADE TO CHALLENGE AND STRETCH US BUT NOT OVERWHELM AND CERTAINLY NOT TO DIVIDE US. FOR THE

CHRISTIAN, THE RETURN OF CHRIST IS NOT A RIDDLE TO BE SOLVED OR A CODE TO DECIPHER, BUT RATHER A DAY TO BE ANTICIPATED, ESPECIALLY IN THESE TRYING TIMES

JESUS WANTS US TO TRUST HIM. HE DOES NOT WANT US TO BE TROUBLED, SO HE REASSURED US WITH THESE TRUTHS. WE DO NOT KNOW WHEN HE WILL COME FOR US. AND, WE REALLY DO NOT CARE OR EVEN KNOW WHY HE WOULD COME FOR US. WE HAVE OUR IDEAS AND OPINIONS. BUT MOST OF ALL, WHAT WE HAVE IS FAITH - FAITH THAT HE HAS AMPLE SPACE FOR US. WHERE HE IS, THERE WE WILL BE!

**PRAYER:** WITH ALL THE THINGS HAPPENING AROUND US, INTERPRETING EVERY WORD IN THE BIBLE REGARDING YOUR SECOND COMING, THE ANXIETY THAT BRINGS TO SOME PEOPLE IS ENORMOUS. LORD GOD, STRENGTHEN OUR FAITH AND RESOLVE THAT THINGS WILL HAPPEN AT YOUR TIME FRAME NOT ON WHAT IS INTERPRETED BY ANY BIBLE SCHOLARS. AND WHEN THIS TIME COMES, WHETHER IT'S CHASTISEMENT, RAPTURE OR THE THREE DAY OF DARKNESS, WE ARE PREPARED IN FAITH AND IN LOVE TO SEE YOU FACE TO FACE, IN JESUS NAME, WE PRAY, AMEN. ☐

## Upcoming Events

### 1<sup>ST</sup> SATURDAY DEVOTION

### 1<sup>ST</sup> SUNDAY DEVOTION

NOVEMBER 1, 2025

IN LOS ANGELES:  
ST. ANNE'S CHAPEL  
155 N. OCCIDENTAL BL.  
LOS ANGELES, CA 90026  
DEVOTIONAL PRAYERS AT 8:30 AM  
MASS AT 9:30 AM

### 1<sup>ST</sup> SATURDAY DEVOTION

IN LAS VEGAS:  
THE CENACLE HOUSE  
AT 1:00 PM

### 1<sup>ST</sup> SUNDAY DEVOTION

NOVEMBER 2, 2025

IN LAS VEGAS:  
ST. SHARBEL CATHOLIC CHURCH  
MASS AT 9:30 AM FOLLOWED BY  
DEVOTIONAL PRAYERS AT THE CHAPEL

### 1<sup>ST</sup> FRIDAY DEVOTION DEDICATED TO THE HOLY SOULS

NOVEMBER 7, 2025

IN LAS VEGAS:  
THE CENACLE HOUSE  
AT 2:30 PM  
  
IN LOS ANGELES: VIA ZOOM  
AT 8:30 PM

### 800 OUR FATHER DEVOTION

NOVEMBER 15, 2025

IN LAS VEGAS:  
THE CENACLE HOUSE  
AT 8:00 AM  
  
IN LOS ANGELES: VIA ZOOM  
AT 9:00 AM